



# Mount Litera Zee School, Udgir

MLZSU/116/G6-G8/Acd/2024-25

Date: 13/09/2024

## Adolescence Counseling Session for Girls (Grades 6-8)

Dear Parents,

Greetings!

We are pleased to inform you that we will be conducting a special Adolescence Counseling Session for girls in Grades 6 to 8 on 14th September 2024. This session aims to provide important guidance on physical, emotional, and mental well-being during adolescence, ensuring that our students are equipped with the knowledge and confidence they need during this stage of life.

The session will be led by experienced Doctors, counselors and will cover essential topics such as body changes, emotional health, self-esteem, and healthy habits. It will also create a safe and supportive environment for the girls to ask questions and seek clarity on any concerns they may have.

Kindly ensure that your child attends school and for this counselling session

Adolescence Counseling Session for Girls

Date: 14/9/24

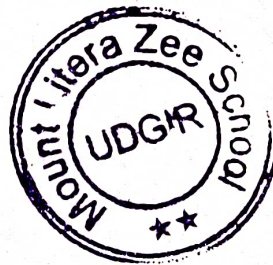
time: 10:30am

Place: Mount litera Zee School

Please note Students have to carry books as per regular saturday timetable.

Warm Regards,

MLZSU Team.



*P1*  
13/09/24  
Academic Coordinator

*S. Kalpana*  
13/09/24  
Principal